

## Zodiak Gymnastic Club

### Newsletter - December 2010

CANCELLED - sadly, because of the snow and the gym closed last Friday- we have decided to cancel the Christmas Family Night on the 17<sup>th</sup> December - we will re-schedule in January.

DELAYS - Zone (who supply our leotards and track pants) have told me that their carrier has said that all deliveries to Scotland are under review for the next few days -but Zone have promised to get all orders of kit to me in time for Christmas!! If anyone would like to order leotards etc for Christmas please let me know now, thanks.

ANNUAL CLUB MEMBERSHIPS - is due in January. The cost is £15 which includes a t-shirt and gives all members access to our new Club website which we hope to have up and running by the end of the year.

ZODIAK WEBSITE - is in the process of being set up and from January all club information, newsletters, competition details etc will be available to members. It is hoped to include gymnasts photographs - if any Parent has any objections to this please contact me asap - this part of the site will only be available to club members.

NEW COMPETITION KIT - since most of our club tracksuits are now past their best, we are considering a rain jacket with navy trackpants for the competition squad - Development Gymnasts will have white sweatshirts and navy pants - more details soon

HAIR PROBLEMS - can I remind all Parents that our Gymnasts should come to the gym with their hair tied back , clipped and if needed 'glued' !!! Thank you

AWARD SCHEME Our young gymnasts have been working towards their Zodiak Bronze Award - this is a development plan to make sure our young gymnasts have a good grounding in basic gymnastic skills - there are 3 Awards - Bronze, Silver and Gold. All the Gymnasts who completed their Bronze targets will be given their certificate next Friday!

CHRISTMAS HOLIDAYS - the last training session for the Development Gymnasts is Friday 17<sup>th</sup> December - classes start again Friday 7<sup>th</sup> January 2011

Competition training ,especially for our Gymnasts who are competing in Alabama ,will continue over the holidays .

It is important that the Alabama Gymnasts come to training as we are at present looking at their routines and making the necessary changes to comply with Gymnastics USA. requirements. Thank you.

**MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL OUR GYMNASTS AND PARENTS FROM ALL THE COACHES AT**

**ZODIAK G.C.**



Zodiak Club Membership - 2011

Name.....

Amount - £15

T-shirt size.....